



The “coolest” and northernmost FAQ

Everything you might or might not want to know about your stay at UNIS

Made by the UNIS Student Council autumn 2016

Welcome to UNIS

We hope you will have a great time here

Before arrival

Important: Remember to apply for housing, and sign your contract before arriving, and check the dates. Your room will first be opened in the afternoon the day your contract starts, so if you arrive 3am you should make sure the contract starts the day before arrival. If your contract starts in the weekend your room will be opened at Friday afternoon (Samskipnaden opens your room and leaves the key inside, so you don't need to worry about not being able to access your room)

Rifles: If you want to borrow rifles (you need them when leaving town) during your stay please read the rifle part

<http://www.unis.no/studies/student-life/new-students/>

Q: What do I need to pack?

<http://www.unis.no/wp-content/uploads/2014/08/PACKING-LIST.pdf>

- When it comes to equipment and how warm clothing you need it is up to what you plan to do and how easily you freeze
- You should bring or buy a pair of thin **liner gloves** to wear under thicker mittens. During field work you will find that it is very hard to write with the thick scooter mittens, and that is awfully cold to do anything bare handed in -20 degrees celsius

- Liner gloves can be very nice to have during the safety course, you will do part of it outside. It is very nice to have during the shooting training, rifles have lots of cold metal parts and it is impossible to shoot with thick mittens

Q: Do I need to bring bed sheets? and how big is the beds?

- You need to bring duvet cover, pillowcase and sheets for the bed
- There is a pillow and duvet in the room
- The beds are 90*200 or 80*200
- The mattresses are 'Scandinavian style' so a flat sheet or extra deep fitted sheet is best.

Q: Should I bring...?

<https://docs.google.com/spreadsheets/d/1h6qmqyp3slvy3cOLaaHB8Lv2knnZOSK0iJi5nd42Zol/edit#gid=0>

We have some equipment you can rent for free. Some of the equipment like skis and avalanche equipment are very popular. There is a lottery to decide who gets the stuff that week. Since many people are using the equipment and not everyone knows how to take care of the stuff, some equipment like the skis are not in perfect condition anymore. If you have the equipment yourself, and don't want to have a trip ruined because you did not get that equipment that week I would recommend to bring your own.

Q: How warm clothing do I need to pack?

<http://www.unis.no/wp-content/uploads/2014/08/Clothing.pdf>

How much clothing you need is individual. Some people freeze more than others. It also depends on what you want to do on Svalbard. If you are type that wants to go out skiing or hiking in minus 20 or you want to buy a snow scooter, you might want to bring more warmer clothing than if you think you are going to sit mostly inside with a warm cup of tea on the days it is very cold outside. During fieldwork you can borrow scooter clothing like suit, boots, face mask, goggles and thick mittens from UNIS (which is free)

Some clothing tips: <http://www.visitsvalbard.com/en/Frontpage/?News=36>

Q: Should I buy... before coming up?

It is hard to know exactly what you will need before coming up here. So it could be a good idea to wait and see what kind of equipment you need. We have several sports stores which is well equipt and they have a student discount. It is also possible to order equipment online. (Svalbard is tax-free.)

Q: How do I get the cheapest flights to Longyearbyen?

Check youthflights (SAS and Norwegian) if you are under 26 and as always, checking earlier will secure you the cheaper deals.

Q: What will the weather be like?

You can read more about the seasons on Svalbard here:

<http://www.visitsvalbard.com/no/velkommen-til-Arktis/?News=43&artlang=en>

Q: Is Nybyen not really far away from UNIS? Where do I *really* want to live when i'm studying at UNIS?*Sjøskrenten*

- New (2015)
- Very close to UNIS
- You will share a kitchen with up to 30 other people.
- In Sjøskrenten people will move in and out all the time and most students will stay for maximum of 5 weeks, with some staying just for a couple of days.
 - Samskipnaden usually places a whole master course in one kitchen so if you are only here for one 5 week course it is very social to stay with the rest of the class.
 - Sometimes Nybyen (in particular Barrack 3) is used for some of the courses.

Nybyen

- Old (1950s), but has been renovated since then
- It is small and cozy with 5-7 people in the kitchen
- 25 min walk from town
- Most likely the people you share your kitchen with will stay the whole semester.
- Long-term students are prioritized (students staying the whole semestre)
 - Most long-term master students and nearly all the bachelor students stay in Nybyen
- You can ask them to put you in a particular room or barrack.

But, most of all, don't panic! Particularly in the spring semester, all of the UNIS accommodation is full so you definitely won't get lonely or isolated! There will also most likely be full semester bachelor students in Sjøskrenten.

And, Nybyen really isn't that far away - it's a 25 min walk. The students living there walk to UNIS and back every day and there's no reason you can't visit your coursemates and friends living up in Nybyen or vice-versa.

If you really really don't like your room you can try on facebook or ask your friends if anyone wants to switch with you. Samskipnaden is usually very helpful when it comes to this things.

Also make sure that your contract only last the time you are actually on Svalbard. You will only have to pay for the days you have your housing. So tell Samskipnaden when you plan to come and leave and they can change your contract (you must tell them within the time frame given in the contract). If it is too late to change your contract you should still tell Samskipnaden that you are leaving. When you leave they will come and check that your room is tidy and lock it. If your contract ends a week after you leave, and if somebody decides to hold a party in your room you will get the bill for the cleaning.

Q: How is the kitchens in the student housing? Do I need to bring any equipment?

You don't need to bring any kitchen equipment

Sjøskrenten

- Samskipnaden is responsible for the kitchen equipment in Sjøskrenten. The kitchens is quite well equipt, but don't expect a lot of fancy electrical equipment
 - If there is anything broken or if there is something missing, contact samskipnaden and they will look into it

Nybyen

- It is the UNIS student council and the kitchen equipment group that is responsible for the equipment in Nybyen
 - It is up to the students if they make a kitchen equipment group that semestre
- Nybyen should be equipt with all the necessary stuff you need from day to day, and also has quite a lot of weird stuff.
 - Each barrack in Nybyen contains of four kitchen (expect barrack 3 with only two). Two kitchens per floor.
 - The equipment is meant to be shared between the kitchens. So some of the equipment like microwaves there is only one per floor or electric whisks with only one per barrack
 - Sharing is important.
 - If you bring some equipment from your barrack please bring it back afterwards.

Q: Can I bring my dog to Svalbard?

- You can read more about bringing dogs to and from Svalbard at the governor's webpage
 - <http://www.sysselmannen.no/en/Shortcuts/Pets/>
- It is important that if you want to bring a dog to Svalbard that you have the necessary permission, papers and vaccination (rabies vaccination)
- You can't have dogs or other animals in the student housing and it can be hard to find a flat in town that allows animals
 - Many people in town has their dogs in one of the dog yards. There is a waiting list to get a place there
 - So make sure you have a place to have your dog if you plan to bring it up. There has been students in the past that have brought their dog up so it is possible.

Q: Can I bring my own gun

- If you have your own gun I would recommend to bring it, if it is of sufficient calibre for protection against polar bears.
- All rooms have a weapon locker where you can lock in the bolt and ammunition
- Please check with your flight company on the regulations for taking your gun on board. You might also want to talk to your local police, if any licences are needed to take a gun/rifle out of your country.

Q: Can I borrow/rent a gun

- http://www.unis.no/wp-content/uploads/2016/12/Firearms_policy_UNIS_2016.pdf
- UNIS changed their rifle rental system 1. jan 2017. Besides other details you will have to show either:
 - a **certificate of good conduct** (proof that you don't have any criminal records) from your home country. The certificate must be less than 6 months old and translated into English or a scandinavian language.
 - Norwegians also have the possibility to get their police record directly in Longyearbyen. UNIS usually organize this for the Norwegian students
 - All other nations have to contact their local authorities for details on these documents.
 - In most countries you will have to show up in person to the police station, and this can be a bit hard if you already are up here.

- How to acquire a certificate of good conduct is different from country to country. Contact your local authorities or police (depends on the country) and they will hopefully know what you need.
- or a **Weapon licence/permit** to acquire a rifle with calibre 30.06 from your home country (it is not enough with a hunting license).
- You need to bring a weapon if you want to leave town, and you will want to leave town. Hopefully there will be plenty of people around that are allowed to carry a gun. So even without a certificate you will most likely be able to leave town.

Q: Can I lend my rifle to a friend

- For UNIS rifles you have to sign for them, and you are responsible if something happens with the weapon when it is in your care.
 - So if you have borrowed a UNIS welfare rifle it is only the people that are on your list and that passed the half loading that is allowed to carry the gun
- If you have a private weapon you want to borrow to a friend you need to read this
 - <http://www.sysselmannen.no/en/Shortcuts/Firearms/Lending-out-a-firearm-/>
 - and fill out the form you find on the page above

Q: How does exams work on UNIS?

- Here you will find information about exam regulations, grades etc.
<http://www.unis.no/wp-content/uploads/2014/08/UNIS-Exam-regulations.pdf>
- All exams are in English (you can bring a dictionary)
- Some exams can be answered in Norwegian, Swedish and Danish in addition to English
- If you have any questions about exams, you should ask the study administration they are very helpful
- I have dyslexia or other reason to get extra time - contact study administration
 - Remember to bring the necessary papers up.

When you just arrived

Q: How to get from the airport to the student housing

- There is always a bus waiting when the plane is landing, even if the plane is delayed or you land at 4 o'clock in the morning
- Tell the bus driver where you are going. Is it Nybyen or Sjøskrenten and they will guide you to the correct bus. The bus drivers will always tell you which stop is the next

- Tip: If you are struggling with remembering the names.
 - Nybyen means New town and it is the last stop (*Nyee-byen*)
 - Sjøskrenten (*Shoss-krent-en*) is next to UNIS and share the same bus stop, so you can also just tell them that you are going to UNIS
- The bus trip to town cost 50 kr for students, and it is possible to pay with card

Q: How do I find my room and key when I get off the airport bus?

Nybyen:

- Look at your samskipnaden contract, you will have Bygg (building), Etasje (floor) and your room number.
- Get off the bus at Coal Miner's Cabins and look up the hill for brakke 9, 11, 13 and downhill for brakke 3 & 4. The barracks are numbered on the outside, odd numbers are on the left hand side of the road as you're facing uphill.
- Your room will be open with the key inside. Settle in, make yourself a cup of tea/coffee and make some friends!

Sjøskrenten:

- Look at your samskipnaden contract, you will have Etasje (floor) and your room number.
- Get off the bus at UNIS, the student housing is located behind the university and is a black and orange building. So you will have to go back to the main road and you should see the building
- The entrance door is on the backside of the building
- Your room will be open with the key inside. Settle in, make some friends!

Find your way in town:

http://www.sysselmannen.no/Documents/Sysselmannen_dok/Kart/Adressekart_longyearbyen_A3.pdf

- UNIS address is 231-1
- On the map you can find your barrack location in Nybyen
- Sjøskrenten is not on the map (Sjøskrenten is a quite new building)
 - but you will have to go nearly down to road 401 and you will find the building on the left side
- The grocery store is in 223-2 (it is a huge polar bear at the entrance so hard to miss it)
- When walking to town use reflexes and try to stay away from the main road (It is safer to use the road between the houses). So follow road 200 and not road 500 (veg means road)

Q: How do I get acces to internet

- Svalbard has very good internet connection
 - <http://gizmodo.com/why-one-of-worlds-most-remote-places-has-the-fastest-internet-1556126257>
- If you have eduroam from home you can easily connect to the wifi in the student housing
- If not you will get you access information in the reception at UNIS

Q: Do I have to register that I have arrived or what should I do after arriving at Svalbard?

- You don't have to register your arrival, but you should try to go to the reception at UNIS soon after your arrival
 - The reception (entrance door) is open from 8:00-16:00 Monday to Friday
- At the reception you will get a small envelope with some useful information
 - You will get your **log in to the internet** and your UNIS email
 - <http://www.unis.no/resources/it-services/>
 - If you already have an eduroam account you can use this, but I would recommend to use the UNIS eduroam to log in to internett
 - With the UNIS eduroam account you can log in to the student folder. In the student folder you will find a folder with your course name. Here your professors will save the lectures, you can find tasks and schedule for the course and you can find old exams and old term projects. There is also one folder where you as a class can save your projects and presentations and one folder with your name that only you have access to.
 - There is possible to download a program to your computer to access the UNIS resources outside if you are not connected to the UNIS eduroam (you will still need to have access to the UNIS login information)
 - You will also get your **student ID**. The ID you can use to:
 - Get into UNIS in the evenings/weekends or before 8:00 (if you like to wake up early)
 - Print documents
 - Get student discount in the stores and bars ;-)

Q: How do I get food when I arrive on a weekend, national holidays or evening?

- Svalbard butikken, the supermarket in town has opened weekdays 10:00-20:00, Saturdays 10:00-18:00 and Sundays 15:00-18:00.

- If you want to buy food later you can go to MIX in Lompensentered. They are open on weekdays 9:00-22:00, Saturdays 10:00-20:00 and Sundays 12:00-22:00
- On national holidays there are different opening hours. They are announced separately.

Q: How and when do I pay the student housing

- <https://www.boligtorget.no/studentiarktis/Account/LogOn?language=nb>
- You will get an email about when you have to pay
- Normally the housing has to be paid by the 15th
- Your first bill might be a bit late so if you move in the 5th of January you might get your first bill in February (you will then have to pay for 1 and ½ month).
- This also happens for people doing the short courses, you might end up not getting any bill the first month and then having to pay for your whole stay the next month
- So don't panic if you haven't received any bill

Q: Where can I find my course schedule?

- <https://no.timeedit.net/web/unis/db1/timeplan/ri1Q7.html>
- This will most likely get changed from time to time (so don't print out the whole thing before coming and expect everything to stay like this)
- This schedule also only shows when your teacher has booked a room or planned to go on fieldwork (fieldwork periods can change because of bad weather)
- If the schedule shows that you are going to be in the lab from Monday-Sunday 24/7 you will most likely not be there the whole time it just shows that the lab is booked so nobody else can use it during that time

Q: Do I need a bike/snowmobile/skis to get to UNIS from Nybyen?

- No - most people walk. Some people bring their bicycles (with studded tyres) and the terrain isn't suited for skiing (the gravel on the road will also trash your skis). If you have old skies or skies you are not afraid of ruining you can use them to get from Nybyen to UNIS.

Q: ... in my room, bathroom or kitchen needs fixing

If something needs to be fixed in your room or kitchen tell Samskipnaden and they will fix it. If there is small things like a broken light bulb, the sink is clogged, the radiator is noisy or you need new bags for the vacuum cleaner they will usually fix it the same day.

Sometimes things urgently needs fixing, like there is a water leak somewhere or if there is no electricity or water in the whole barrack for many hours (No panic if there is only one room or kitchen).

You should then consider calling NOKAS (the number is in the entrance of the student housing). If there is no water or electricity there is also no heat and the housing will get quite cold. If the whole town is dark, there will be somebody looking into it, but if it is only Nybyen you should notify someone

Stay safe

<http://www.unis.no/resources/hse/>

http://www.unis.no/wp-content/uploads/2014/08/UNISSafetyfolder_eng.2008.pdf

Q: Is there any rules for leaving town?

- Most important rule tell somebody where you are going and when you will be back.
 - And never go on a trip alone
- If you leave town you need to bring firearms and you need to know how to use them (it is the law on Svalbard) you will get trained with a rifle and flare gun at the beginning of the semester, but can also always ask people with a rifle permission to join your hike, and you might even find new friends that way
 - <http://www.sysselmannen.no/en/Shortcuts/Firearms/>
- After being on Svalbard for a while it might be tempting to leave the area close to town and explore more of the island. Most of Svalbard is protected by law so it is not allowed to travel there, some areas is only protected part of the year
 - Some areas is also banned for snow scooter traffic but it is okey to walk
 - It is also important to never leave area 10 without permission
 - <http://www.sysselmannen.no/en/Visitors/Planning-a-trip/>
- If you are going to go on hikes ask somebody about the conditions; facebook, other students and logistic is good sources use them. Logistic is always helpful and can give you advice on where to go or not to go

Q: Will I have phone connection or internet connection outside town

- You will lose your connection quite fast when leaving town.
- On the safety course you will learn about what to do when leaving town
- One important rule is to always tell someone when going on a trip (even if it is a small one)

Q: What is this book in the entrance

- In all the student housing you will find a book where you are supposed to write in your trips

- The book entry should include: who is going, where you are going, contact information and time for latest return. When you come home from your trip you must cross out that your home. Everyone has the responsibility to check the book and see if somebody is not back as planned. If somebody is not back you should call UNIS on duty or Syssemmannen.
- It is important that when you write the time in the book, it is not the time you plan to be back, but the time you want Syssemmannen to send out the rescue team.
- The book is an important item and it has saved people in the past, so don't take it lightly. If you see that people haven't returned in time make a call and then UNIS/Syssemmannen will decide what to do next. If people really are in trouble you don't want to be the one that did not make the call
- Still when going on a trip tell somebody and give them your phone number then you are sure somebody will worry about you if you don't return. Traveling on Svalbard can be harsh and you never know when an accident can happen

Q: Weather Forecast on Svalbard

- You can read the weatherforecast on Svalbard on yr.no or storm.no
- Be aware that the models for making weather forecast on Svalbard is not very good and the forecast usually change from one day to another
- It is usually not any point in looking at the weather forecast more than 2-3 days in advance. Even if the weather forecast tells you that it will be nice weather tomorrow the next day it might show that it will be stormy. The weather in Longyearbyen and the valleys around might also be very different from each other so be aware of that when leaving town. It might be no wind in one valley and a storm in the next (at least it might be big differences)

Q: Avalanche danger on Svalbard

- You will learn more about this in the safety course
- Avalanches can happen both in town and outside town.
- This webpage <http://www.varsom.no/en/avalanche-bulletins/forecast/Nordenskiöld%20Land/> along with yr.no and a few others should become your new favorite page when staying on Svalbard.
 - Be aware that this page is just meant as a guideline you still have to be aware of the potential avalanche danger when you are out
- And again the same as the weather forecast. The weather can be different from one valley to another so the avalanche danger can also change from one valley to another. The avalanche forecast on varsom.no is mainly meant for

Longyeardalen (town), even if it says Nordenskiöld land (it is not valid for the whole area).

- In the student equipment you can borrow avalanche equipment for free from student equipment.
 - In spring (when it is snow) you should not leave town without avalanche equipment and the knowledge about how to use it
 - It might be good to do some extra practise in addition to the safety course

Q: Can I buy a gun on Svalbard

- If you have a valid hunting license or weapon permit it is possible to buy your own weapon
- If you don't have a hunting license or weapon permit you can buy a weapon for polar bear protection if you are a local.

During your time at UNIS

Q: How to become a local

- You can apply to the tax office to become a local if you stay longer than 6 months.
- You need to show proof that you are staying more than one semester, for students the tax office would usually only accept papers that you are enrolled in two semesters. This means that usually you can first apply to become a local after spending one semester on Svalbard.
- Locals have several benefits in town
 - They are allowed to travel outside area 10 (large part of Svalbard is also closed off for locals)

Q: What is Area 10?

- Area 10 is the area around Longyearbyen you are allowed to travel in without having to apply to Sysselmannen
- People who are registered as local have different regulations and are allowed to travel in certain areas outside Area 10 without a special permission
- So you are unfortunately not allowed to leave travel outside the yellow area without permission from Sysselmannen
- http://www.sysselmannen.no/Documents/Sysselmannen_dok/Kart/Svalbard_forvalt_10.pdf

Q: When and where can I see the northern lights?

During the dark season you can probably see them at least once a week, unless of course the weather is constantly bad and/or the sky is cloudy.

To check if there is a chance for Northern lights, see the KHO webpage:

<http://kho.unis.no/Forecast.htm>

or

http://kho.unis.no/kho_sony.htm (live camera on top of the KHO), or just look towards the south (From Longyear towards Nybyen, or from Nybyen towards the Glaciers)

Q: Can I get a job on Svalbard:

It is possible to get a job in Longyearbyen. Best tip is usually to just go around and ask. The easiest place for students to get a part time job is jobs related to the tourist industry. As a student in Longyearbyen it might be hard to find time to work as you might have a lot of field work and be gone from town for a couple of weeks. It can also happen that you have lab work lectures both during weekends and evenings.

Social life at UNIS

In the start of each semester there is an election to elect the new student council. Everyone is welcome to join, and the student council is responsible for a lot of the activities happening at UNIS so it is important to have a working student council. It is usually a lot of fun, and you can learn some important stuff about how a university is run. More information about joining the student council will be sent out when the semester start is approaching, but if you have any questions you are more than welcome to ask us

- <http://www.unis.no/studies/student-life/unis-student-council/>

Q: Do I need to have any special knowledge to be able to join the student council?

- Except that you need to stay the whole semester there is no special requirements
- For the board member position and the student council leader we do wish that you have been in the UNIS student council before, at least it is good to have some knowledge from student council work (it is not an official rule, everyone can go for these)
- The treasurer should have some clue about how to make a budget
- For the representative positions you must belong to the group you represent. Like you can't represent the biologist if you are in geology and you can't be a bachelor student and represent the master students

Q: Is there a big workload in the student council?

- How much work it is goes a bit up and down, but generally it is not that much work
- It can be a bit work in the start to get everything up running and to get yourself familiarized with everything
- The four leader position: Student council leader, treasurer, second leader and board member can be a bit time consuming positions.
 - So it is important that you are up for the task if you want to have one of those positions
 - Still don't worry the rest of the Student council will be there and you can always ask for help if you need any

Q: Is there any social activities happening at UNIS?

- Every friday there is the Friday Gathering, which is run by students. It is a small gathering in the cantina where people get together to drink some beer, wine or soda after lectures before going to one of the pubs/night clubs
- Every semester (hopefully in the start) there a icebreaker party. The party usually is a theme party and people dress up. There also usually some games so people can get to know each other
- Sometimes during the semester we also have the kitchen to kitchen party. A party where each floor/kitchen make a theme and you go from kitchen to kitchen and party
- If the parties are to happen it is important that people help out and get involved. It is the students on UNIS organizing this and it is up the students what activities they want to happen that semestre

Q: How can I join this group?

- Talk to the group leader. Contact information (name, e-mail) to all group leaders will be published by the Student Council

Q: I want to join this group, but it doesn't exist. What do I do?

- You can always create a new group
- If you want it to be an official student group you will need to appoint a leader (to be contact person to the students and student council)
 - Official student groups can apply for funding from the student council
- If you don't want to be the person responsible for the group ask around and see if you find somebody that wants

Q: Which groups can I join?

- Which groups there are a changing from semester to semester. Depending on which students that are at UNIS

- Groups that usually gets created every semester can be found her:
 - <http://www.unis.no/studies/student-life/unis-student-council/>
- In the past there has also been:
 - Skiing group (to teach people to ski), Hiking group (nice if you don't have a rifle, don't know the area or if you just want to meet people) , Yoga group, Running group, baking group (organizes baking competition), quiz group and many more
- It is up to you which groups there are and how well the groups are working

Q: I want to make this event, how do I do it?

- You are more than welcome to create events in town and at UNIS
 - The student council can be help you organize things. There is usually some funding available for prices or other things you will need.
 - The student council should also know if there is anyone in town or at UNIS you should talk to before organizing something
 - Like getting permission to use the cantina
- In the past the students have organized many events some for the whole town like "The easter games" where everyone come together to ski, barbeque and play outside in the snow
- There has also been events like a russian friday gathering, and gingerbread house competition

Social life outside UNIS

Q: Is there a gym?

Yes, even with a climbing wall, pool and sauna

For more info see: <http://www.lokalstyre.no/svalbardhallen.247439.no.html>

Q: What sporting activities are there in Longyearbyen?

There are tonnes of sports clubs that you buy a single membership in order to access them all at Svalbard Turn: <http://svalbardturn.no/treningstider/>. There are also other outdoors clubs in Longyearbyen - facebook is the best place to find out about these.

Q: How can I become a member of Svalbard turn?

Either sign up online at svalbardturn.no or pop in during office hours.

Q: Can I become a member of Svalbard turn if I am only on Svalbard for 5 weeks?

You can choose between two different memberships 6 months (500 NOK) or 1 year (750 NOK). It is not possible to become a member for a shorter amount of time.

You can of course become a member if you stay for only 5 weeks, but you will have to pay for ½ year.

Q: Can I use the gym or pool if I am a member of Svalbard turn?

- The gym, pool and Svalbard turn is three separately things so you will have to pay to all three if you want to go to all of them
- Svalbard turn has some activities in the pool like kayak polo, so it is possible to use the pool without having to pay the pool fee

Q: How can I sign up for the swimming pool/gym

- Go there in the opening hours
- You can use the pool for free Monday, Tuesday and Wednesday from 7-8 in the morning
- “Felles” means that everyone can use the swimming pool and “voksne” means that only adults can be in there.
 - If you go in the “felles” time it might be many kids and a lot of splashing
- Svømmehall means pool and treningsrom means gym. “Klippekort” is if you only want to use the gym or pool a few times (5-12 times). Then you can get a card and get a stamp each time you use the pool/gym

Priser i Svalbardhallen fra 1. januar 2016

	Voksen	Barn 3 - 15 år	Student / honnør	Familie
Svømmehall enkeltbillett	80,-	30,-	60,-	
Svømmehall 12 mnd.	1 850,-	660,-	1 310,-	2 680,-
Svømmehall 6 mnd.	1 110,-	400,-	780,-	1 610,-
Svømmehall 3 mnd.	740,-	300,-	620,-	
Svømmehall 2 mnd.	620,-	240,-	490,-	
Svømmehall 1 mnd.	370,-	150,-	310,-	
Treningsrom enkeltbillett	80,-		60,-	
Treningsrom 12 mnd.	1 850,-		1 310,-	
Treningsrom 6 mnd.	1 110,-		780,-	
Treningsrom 3 mnd.	740,-		620,-	
Treningsrom 2 mnd.	620,-		490,-	
Treningsrom 1 mnd.	370,-		310,-	
Klippekort 5 ganger Svøm.	330,-	120,-	310,-	
Klippekort 12 ganger Svøm.	790,-	240,-	570,-	
Klippekort 5 ganger Tren.	330,-		310,-	
Klippekort 12 ganger Tren.	790,-		570,-	

Svømmehallen

	Mandag	Tirsdag	Onsdag	Torsdag	Fredag	Lørdag	Søndag
12:30 13:00							
13:00 14:00						Baby 0-2*	
14:00 14:30							
14:30 15:00							
15:00 15:30							
15:30 16:00						Fellesbad	Fellesbad
16:00 16:30							
16:30 17:00							
17:00 17:30							
17:30 18:00		Svalbard Turn svømme-gruppa		Svalbard Turn svømme-gruppa			
18:00 18:30	Fellesbad		Fellesbad		Fellesbad		
18:30 19:00							
19:00 19:30		Fellesbad		Fellesbad			
19:30 20:00							
20:00 20:30							
20:30 21:00	Voksne	Voksne	Voksne	Voksne			
21:00 21:30							
21:30 22:00							

Q: Do you have a cinema?

Yes, we do and it even shows 3d movies.

Read the program and book your tickets here:

<http://www.filmweb.no/program/?location=Longyearbyen> (it is 5kr cheaper to book online and you can choose your seat)

Q: When can I ski/drive snowmobile?

When there's snow! Which pretty much means only in the Spring semester.

Q: Is there a place to climb?

Yes, indoors. The mountains here consist of really loose rock so there aren't many places that are good for outdoor climbing, and these are only accessible by boat/snowmobile when the sea ice conditions are suitable. Svalbard Turn has an indoor wall.

Q: Can I borrow equipment for skiing/camping/etc?

Yes we have student equipment group where you can borrow equipment for free. There is a weekly lottery to decide who gets to borrow what that week

<https://docs.google.com/spreadsheets/d/1h6mqyp3slvy3cOLaaHB8Lv2knnZOSK0iJi5nd42Zol/edit#gid=0>

Practicalities

Q: Do I need Facebook in Longyearbyen?

- Simple answer: Yes. About half of the social and freetime activities in Longyearbyen are announced and organized over Facebook. Also safety announcements from the governor and local groups can be found here.

Q: What are relevant Facebook groups for students?

- The UNIS Semester group. The name of this group changes every semester. Normally the name scheme is similar to "UNIS Spring 2017"
- Ros & Info Longyearbyen (question and information group)
- Kjøp/salg/bytte/gi bort - Longyearbyen (buy and sale group, you can get some nice offers here, and a good place to ask if you want to buy a bike)
- Føre/Vær/Forhold/Snø/Vindhull/Elver/Daler/Hytter/Farer/Gleder osv. osv. osv (A good group to be in if you want to know how weather, sea ice and scooter condition are outside town)
- Snøscooter, deler og annet turutstyr selges/kjøpes (group for snow scooters)
- UNIS Student Council (Posts information relevant for students on Svalbard)
- The University Centre in Svalbard (UNIS) (Some announcements from their news-feed)
- Sysselemanden på svalbard (will post warnings example weather, avalanche and polar bears and general information)
- It recommended to have a group for you course, to share files, info, just go on a hike together or quickly update every member of your course.

Q: Are there student discounts in town?

Yes! Some bars and restaurants in town offer student food and drinks prices:

Svalbar - 106 NOK pizza/burger and 45 NOK Carlsberg (don't forget to order the "Student - Burger/Pizza" to get the discount)

Huset (bistro) - 106 NOK burger

Huset (night club) - Free entry, cloakroom and 25 NOK Carlsberg

Shops in town also offer varying student discounts:

Frost Spitsbergen (in Lompensenter) 10% off regular priced clothing

Longyear78 10% discount on regular priced clothing (not already discounted)

Sportscenteret, *Arctica*, *Sport1* and *Frisk Briis* we have 10-15% on most products

Sportscenteret also give 25% to students on Helly Hansen products.

Pharmacy gives 10% to students (not medicine)

Tours and sightseeing:

Most of the tourist companies have a 15% discount for locals/UNIS students

Q: Is Longyearbyen expensive?

Compared to the rest of Norway, some stuff is more expensive some is less.

Everything fresh like milk, fruit and vegetables are very expensive (even from a Norwegian point of view). Svalbard is tax/fee free. So alcohol and tobacco are much cheaper on Svalbard compared to rest of Norway.

Q: I heard there are some weird alcohol rules on Svalbard?

- There are rations on alcohol on Svalbard
- You can buy as much wine and cider as you want
- But if you want to buy beer or anything stronger you need to have ration card.
For short time students this is your plane ticket (so don't trash it)
- If your are staying here for more than two months you will get a alcohol card.
This can be picked up in the alcohol store. You might have to wait some weeks after arrival before your card is ready.
 - You don't need to order the card, UNIS is doing that for you

Q: How can I get a Norwegian bank account?

You need to get an Norwegian ID first, you can get that at the tax office, then just pop in to the bank and fill in the paperwork. It only takes a couple of minutes. Easy as pie.

Q: How can I get a phone or Norwegian phone number?

You can buy a Norwegian prepaid card at some of the stores (e.g. Mix).

Q: What are important phone numbers on Svalbard?

112: Police (emergency)

+47 95 28 35 11: UNIS Duty (Will be explained on the safety course, should not be used without reason)

+47 79 02 33 00: UNIS reception

+47 79 02 43 00: Sysselmannen office

+47 79 02 12 22: Sysselmannen Duty: Normal emergency numbers 110-113 won't work with a satellite phone (you won't have phone reception outside town) so then you can call Sysselmannen on duty number. Sysselmannen also records your conversation in case of emergency this can be good as they can play your conversation again to be sure about what you are saying

113: Hospital (emergency)

110: Fire department (emergency)

+47 79 02 42 00: Doctor (not emergency)

Q: What are the important web pages?

<http://www.sysselmannen.no/> (The Governors Homepage)

<http://www.unis.no/> (UNIS - obviously)

<http://www.unis.no/studies/student-life/unis-student-council/> (The information about the Student Council and Student Activities)

<http://toposvalbard.npolar.no/> (Maps)

http://www.yr.no/place/Norway/Svalbard/Longyearbyen/hour_by_hour.html (Weather Forecast)

<http://svalbardposten.no/engelsk/29.11> (newspaper)

<http://icepeople.net> (free english newspaper)

<http://www.lokalstyre.no> (a good page to figure out what is happening in town)

http://www.sysselmannen.no/Documents/Sysselmannen_dok/Kart/Adressekart_longyearbyen_A3.pdf (Map over town)